

Complaints of Diabetes Mellitus

1. Weakness, Tiredness, Lethargy.
2. Excessive urination.
3. Excessive thirst.
4. Collection of ants around your under garments or urine.
5. Increase appetite and body weight initially.
6. Subsequent loss of appetite and progressive weight loss.
7. Heaviness in abdomen and severe pain in abdomen like surgical emergency
8. Blackening of toes, feet infection and gangrene.

IN CHILDREN

1. Emotional changes: upset, irritability, anger, remaining aloof and quiet.
2. Severe weakness tiredness. Lethargy – stops playing.
3. Increased thirst.
4. Increased volume and frequency of urine.
5. Night bed-wetting.
6. Over eating followed by under eating.
7. Progressive weight loss in spite of overeating.
8. Feels weak in spite of eating.
9. Collection of ants around clothes and urine.
10. Giddiness.
11. Visual changes.
12. Feels exhausted initially on exertion later even at rest.

IN MALES

1. Diminished Libido Decreased Sex drive/Sexual Dysfunction
2. Cracking of foreskin of the penis
3. Inability to pull up the foreskin of penis

IN FEMALES

1. Itching inside and around vagina.
2. Foul smelling purulent discharge / leucorrhoea.
3. Recurrent abortions.
4. Overweight newborn baby.
5. Congenital birth defects in the child.

KIDNEY : NEPHROPATHY

1. Swelling of face, eyelids.
2. Swelling of legs.
3. Decreased urination.
4. Severe loss of appetite, nausea, vomiting.
5. Progressive reduction in daily urine production.
6. Failure of both kidneys at the same time.
7. Recurrent fever, urinary burning, urinary infection.

EYE

1. Recurrent eye infection.
2. Repeated changes of spectacles
3. Able to read better without spectacles for few days.
4. Bright shiny floating particles.
5. Broken vision.
6. Blurred vision.
7. Retinopathy.

8. Blindness.
9. Early cataract formation.
10. Glaucoma – increase eye pressure.

RECURRENT WOUND

1. Poor wound healing
2. Non-wound healing
3. Foul Discharge
4. Blacking of skin
5. Increased Swelling
6. Redness & Tenderness

HEART

1. Silent heart attack.
2. Heart attack without chest pain.
3. Just vague complaints in chest / abdomen.
4. Classical angina -like pain.
5. Heaviness behind center of chest.
6. Breathlessness – initially on exertion, later at rest feels better with rest.
7. Gas in stomach.
8. Nausea.
9. Vomiting.
10. Feels better with rest / coronary vasodilators.

JOINTS

1. Limited Joint movement
2. Severe Joint pain

3. Joint deformities
4. Trigger Finger
5. Frozen Shoulder

NERVES: NEUROPATHY ARMS & LEGS

1. Tingling
2. Numbness
3. Diminished Sensation
4. Absence of sensation
5. Feeling of walking over cotton mattress.
6. Pain: burning, shooting, stabbing, squeezing, pricking, pus like, cramps like
7. Duration: intermittent, continuous, day and night, Progressive.
8. Severe heel pain on getting up in morning, then refreshes follows walking
9. Inability to do routine work day / night.

PERIPHERAL VASCULAR DISEASE

1. Calf - thigh pain, claudicating like.
2. Severe pain ,initially on exertion, later rest pain
3. Non healing foot wound
4. Gangrene

VARICOSE VEINS

1. Swelling of leg veins
2. Tortuous veins

3. Pigmentation itching
4. Ulceration

BRAIN AND NERVES

1. Paralysis.
2. Partial paralysis.
3. Deafness.
4. Damage to cranial and peripheral nerves involving face, lips, arms and legs.